

What do parents and healthcare professionals say about the Dream Builders program?

J.L. (Parent J.L.), Wisconsin

"Thanks for inviting us to be a part of this project. It has been a wonderful vehicle (pun intended) for discussing some issues related to bleeding disorders that we hadn't discussed before."

J.E. (Parent J. E.), Michigan

"My son enjoyed doing the project. He learned about his factor, about shots and washing hands."

Christina Koehlman, BSN, RN
Children's Hospital of Michigan, Detroit

"From a nursing perspective the Dream Builders program offers an exciting new way for children to enjoy an educational and creative experience during the challenge of a clinic visit. The program also provides a distraction and valuable tool for communication with patient and family."

Dawn von Mayrhauser, MSW, LCSW
University of Connecticut Hemophilia Treatment Center UConn, Farmington, CT
"The Dream Builders program has provided me with an exciting and unique tool to engage children in a conversation about their hemophilia that may not have occurred outside the context of the program."

Danna Merritt, MSW, LMSW
Children's Hospital of Michigan, Detroit
"This is the most fun I've ever had learning about my hemophilia! When I heard that statement delivered with a huge confident smile by one of my patients, I was convinced that the Dream Builders program had a great potential for providing education to the children with whom I work while building their confidence and self-esteem."

FOUNDED IN 2002.
Dream Builders has been used in 22 states.

Former U.S. Surgeon General

Antonia C. Novello

"In recognition of your extraordinary efforts on behalf of the children of this nation. God Bless your hard work and creativity on their behalf."

Inside Our Hearts
Is a Special Place
Where All Our
Dreams Are Born.

For more information,
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"Dances With Wood"

*A Program for Creative Empowerment Serving
Hospitalized Children with Serious Illness*

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Do the 5

A
Program
for
Healthcare
Education
and
Creative
Empowerment

Summer Camp Programs
Home Based Programs
Family Day Programs
Hospital/Clinic Programs

WHAT IS THE DREAM BUILDERS PROGRAM?

Dream Builders is a healthcare education and creative arts program for children with hemophilia and their siblings. It is designed to be a therapeutic tool for social workers, nurses and staff in Hemophilia Treatment Centers.

The program can be tailored to suit specific educational needs and provide motivation for behavior-management modification.

Dream Builders develops creativity in children and promotes healthcare education, leading to increased feelings of well-being and empowerment.

EDUCATION?

The healthcare educational component of the Dream Builders program has been integrated into the creative process. It links healthcare education to feelings of success and empowerment, to provide a positive and fun learning experience.

WHO PARTICIPATES IN THE PROGRAM?

The program is for boys and girls between the ages of six and twelve. Siblings are invited to participate in the program.

DO THE FIVE

The educational part of the program is based on the "Do the 5" program established by the National Hemophilia Foundation.

The aim of this program is to prevent bleeds and reduce bleeding complications associated with Hemophilia.

Do the Five.

1. Get an annual comprehensive checkup at a hemophilia treatment center.
2. Get vaccinated - Hepatitis A and B are preventable.
3. Treat bleeds early and adequately.
4. Exercise and maintain a healthy weight to protect your joints.
5. Get tested regularly for blood-borne infections.

WHAT ARE THE PROJECTED OUTCOMES?

When used as a therapeutic tool, the following outcomes may be expected:

- ★ Increased desire to learn and communicate
- ★ Overcoming procedure anxiety
- ★ Increased feelings of self-worth
- ★ Increased adherence to treatment protocols
- ★ Increased ability to communicate with medical professionals

Award of Distinction

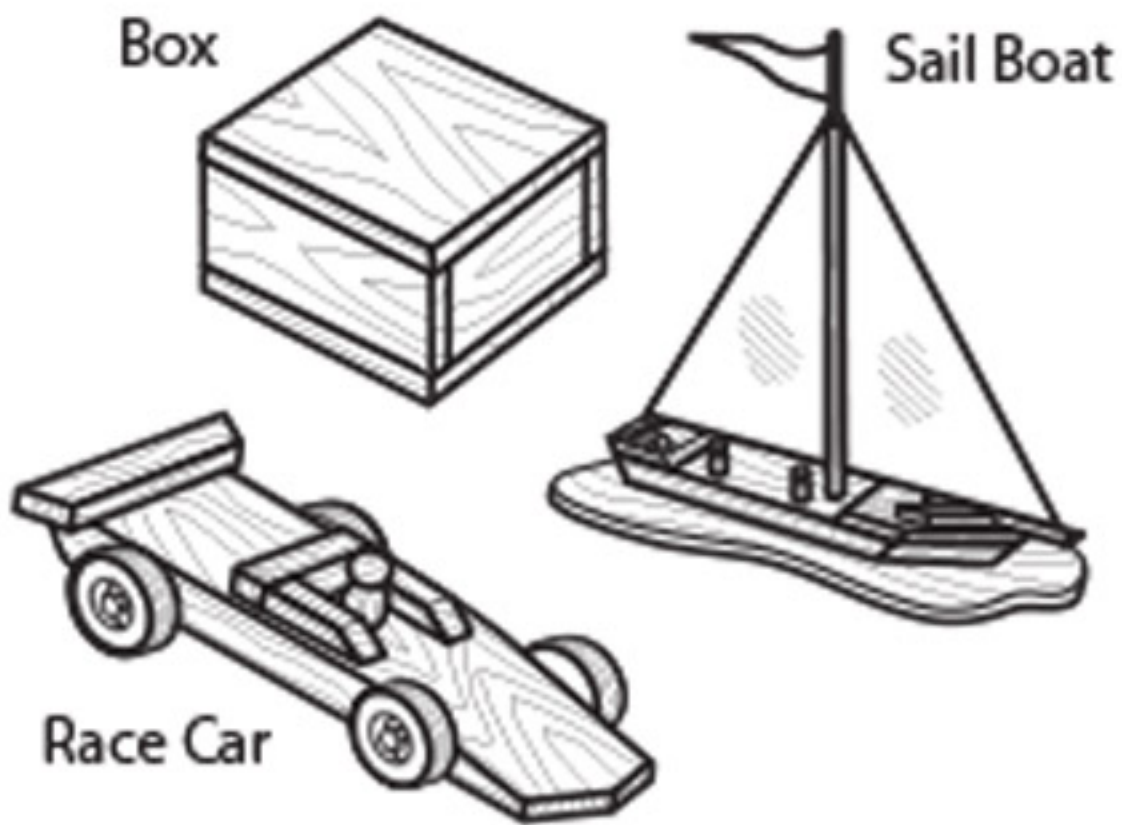
Health Education

NATIONAL HEMOPHILIA FOUNDATION

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CREATIVE FUN?

The Dream Builders program is based around the building of wood projects.



Children are provided with a set of pre-cut wooden pieces that are sanded and ready for assembly. No sharp tools or cutting are required. Each child is provided with a set of tools and paints.

Each kit comes with a workbook that provides step-by-step instructions on how to build the project. In the workbook there are educational pages focusing on "Do the 5" that are called "power pages". In this way the healthcare learning process is combined with the creative building process.