

WHO IS THE PROGRAM FOR?

The program is designed to be used by a variety of populations. It is:

For women undergoing treatment for cancer, and for cancer survivors.

For women seeking greater wellness and the prevention of cancer.

For women in transition seeking a new direction and purpose in life.



WHAT MEDICAL PROFESSIONALS SAY:

**Vanna M. Dest, APRN
Oncology Nurse Practitioner**

"The (DWW) program has significant value for adult cancer patients and their caregivers, as well as healthcare professionals. It is a therapeutic tool that promotes communication, self esteem, and creativity. But most importantly, it is an expressive tool, which can be extremely beneficial during a life changing event such as cancer."

**Deborah A. Del Vecchio-Scully, MS, LPC, NCC
Manager, Integrative Medicine Program**

"The process helps to improve coping and it facilitates creating a new sense of wholeness after being diagnosed with cancer."

The **Butterfly Ship Adventure** is provided by Dances With Wood, Inc. DWW was founded in 1998 and is a non-profit organization that serves children and adults with cancer and other serious illnesses. DWW has served over 40,000 children and adults in 38 states.

Building a
community
of women
who care.



For it is in giving that we receive.

~Saint Francis of Assisi

**We invite donations to support
and grow our ability to
reach more women.**



For more information and to donate to
The Butterfly Ship Adventure Program

Please contact:

Robert W. H. Wilkins "Woody"

Executive Director Phone: **860-669-5221**

E-mail:

Woody@butterflyshipadventure.org

Donations can also be mailed to:

Dances With Wood

80 Olde Orchard Road, Clinton, CT 06413

*Dances With Wood is a 501(c)(3)
Nonprofit Organization*

The Butterfly ShipSM Adventure Program

*A Wellness and Empowerment
Tool for Women with Cancer*



*Helping women to reclaim purpose,
passion, and direction in their lives.*



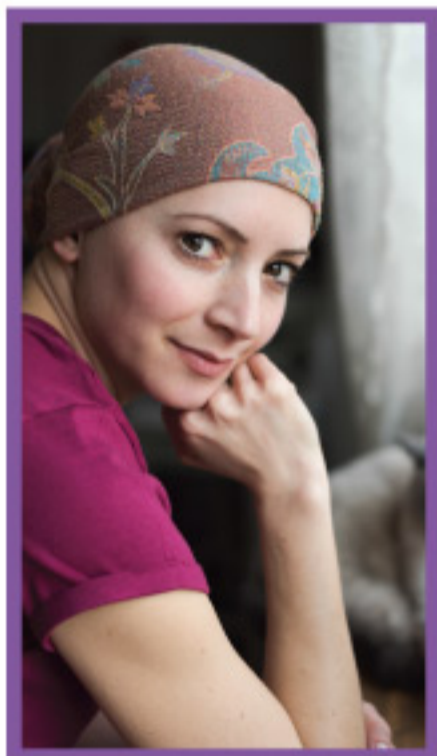
*A program of Dances With Wood:
Twenty years of empowering and
inspiring children and adults with
cancer and other serious illnesses.*

WWW.BUTTERFLYSHIPADVENTURE.ORG

WHAT DOES THE PROGRAM DO?

The Butterfly Ship Adventure empowers and inspires women with cancer to reclaim the direction of their lives and rekindle purpose and passion for life.

The program provides women with a series of specifically designed processes and tools, including a journaling workbook that builds self-esteem and belief in their ability to heal and overcome cancer.



Provides a distraction from fear and negative thoughts.



Butterfly Metaphor

The butterfly represents transformation and the emergence after treatment with beautiful, brand new wings.

Ship Metaphor

The ship metaphor provides a dynamic tool that communicates the importance of navigating through and beyond cancer toward the hopes and dreams of a fulfilling life.



HOW THE PROGRAM WORKS

The program provides women with the opportunity to experience the transforming power of their own imagination and creativity through building a butterfly ship.

The ship consists of pre-cut wooden pieces that are sanded and ready for assembly. No sharp tools or cutting are required. No woodworking experience is required.



The ship has seven butterfly sails, and each of the sails represents the hopes and dreams of a fulfilling life. Each sail represents an important area of life.

1. **SPIRITUALITY/LOVE**
2. **PASSIONS AND INTERESTS**
3. **CAREER**
4. **HEALTH - EXERCISE & NUTRITION**
5. **HEALTH - EMOTIONAL**
6. **FAMILY**
7. **RELATIONSHIPS**

The program allows women to tailor these and add their own unique goals.

WHERE CAN THE PROGRAM BE USED?

The program is designed to be used in a variety of settings.

- HOSPITAL-BASED PROGRAMS**
- CLINIC-BASED PROGRAMS**
- HOME-BASED FAMILY PROGRAMS**
- DAY AND EVENING WORKSHOPS**
- PRIVATE COACHING SESSIONS**



HELPS HEAL AND PREVENT CANCER

The Butterfly Ship Adventure is designed to create happy and positive emotions. It boosts self-confidence and self-esteem. Healthy emotions strengthen the immune system, and a strong immune system helps heal and prevent cancer.

LEADERSHIP TRAINING



Women who complete the program can participate in leadership training that prepares them to share and facilitate the program with other women undergoing treatment for cancer, or who are in transition.
